



# AMERICAN QUARTER HORSE YOUTH ASSOCIATION

## AQHYA RACING EXPERIENCE TRAINER'S SHEET

The following lists the concepts and/or skills we'd like the participants in the AQHYA Racing Experience to witness. This list can certainly be expanded, but we'd like to insure that all participants get the same basic curriculum.

### MANAGEMENT & ADMINISTRATION OF A RACING BARN

1. Learn about the routine of a "typical" day (racing and non-racing) at the racing stable, what goes on from the time the first person gets to the barn in the morning to the time when the last person leaves in the evening. This would include how many people it takes to run the barn and what their specific responsibilities are.
2. The expenses and revenue associated with owning or training a racehorse; what the owner pays for and what the trainer pays for. For your convenience, we have provided a worksheet on the following page.

### HORSEMANSHIP & TRAINING TECHNIQUES

1. Training issues:
  - What is involved in getting a two-year-old to its first race
  - How you keep the "veterans" in winning form
2. Identification of the equipment used in racing and training – bits, bridles, martingales, saddles, tongue ties, bandages, boots, blinkers, shadow rolls, etc. What they look like, what they are used for and how to fit them properly.
3. The proper way to bandage a leg for training, racing and in the barn
4. Your views and practices in the use of different therapies such as using ice, whirlpools, magnetic therapy, etc.
5. Where to find and how to read a tattoo
6. Shoes and shoeing for the racehorse
7. The feeding regime for horses of varying age and fitness. What supplements are used?
8. Etiquette on the racetrack. How does everyone stay out of each other's way in the morning?
9. The routine of the horse's day. We'd like each student to follow:
  - At least one horse through a "training" or non-racing day
  - At least one horse on the day that it is racing

## FACTS & FIGURES\*

### TRAINERS

#### REVENUES

Date Rate per horse \$ \_\_\_\_\_  
Percentage of purse won by horse in training \_\_\_\_\_ %  
Do you charge any commissions? Yes No \_\_\_\_\_ %

#### EXPENSES

##### Feed:

Hay/grass, average cost \$ \_\_\_\_\_

Grains, average cost \$ \_\_\_\_\_

Supplements, average cost \$ \_\_\_\_\_

Bedding, average cost \$ \_\_\_\_\_

Equipment/supplies, what do you provide? \$ \_\_\_\_\_

##### Payroll/Personnel:

Assistant trainers, average salary \$ \_\_\_\_\_

Grooms, average salary \$ \_\_\_\_\_

Hot walkers, average salary \$ \_\_\_\_\_

Exercise riders, average salary \$ \_\_\_\_\_

Secretary/bookkeeper, average salary \$ \_\_\_\_\_

##### Insurance

Workmen's Compensation \$ \_\_\_\_\_

Liability, etc: Yes No \$ \_\_\_\_\_

### OWNERS REVENUES

Private sale/Claim of horse \$ \_\_\_\_\_

Purses (range of winner's share) \$ \_\_\_\_\_

#### EXPENSES

Ferrier \$ \_\_\_\_\_

Vet – for a generally “sound” racehorse \$ \_\_\_\_\_

##### Jockey:

Winning mount \$ \_\_\_\_\_

Losing mount \$ \_\_\_\_\_

Pony \$ \_\_\_\_\_

Any other barn members/staff Yes No \$ \_\_\_\_\_

Shipping, track to track	\$ _____
Insurance on horses Yes No	\$ _____
Percent purse to trainer _____%	\$ _____
Equipment: Yes No	\$ _____

\*When completing this sheet, please use the average cost of these items at this track or the average cost where you base your training operation. The amounts listed can certainly be general.

**AQHVA**  
**WYOMING YOUTH RACING DAYS**

Wyoming Downs – Evanston Wyoming

Applicants must be at least 15 to 18 years of age. **Limited positions available;**

Please print and fill this form out completely and return to:

**Judy Horton, 4740 Hwy 34, Wheatland, WY 82201**

Name: \_\_\_\_\_ AQHYA ID#: \_\_\_\_\_

Address: \_\_\_\_\_ E-mail: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone #: \_\_\_\_\_ Fax#: \_\_\_\_\_

Name of parent(s) or guardians(s): \_\_\_\_\_

Gender: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

Are you a member of affiliate or regional Quarter Horse Youth Associations? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, list which ones: \_\_\_\_\_

If yes, do you hold an affiliate or regional Quarter Horse Youth Association Office? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, list which ones: \_\_\_\_\_

List all organizations you are a member of:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Hobbies and interests:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List your past experiences(s) involving horses (i.e. ridden since you were 3, etc.):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Future plans or career goals:

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Check any AQHYA Programs that you have been involved in:

Horseback Riding Programs     Leadership Conference     STAR Program  
 Horse Bowl Contest     All STAR Team Member     AQHYA Regional Race Experience  
 Speech Contest     Scrapbook Contest     Talent Contest  
 Art Contest     Photo Contest     Judging Contest  
 Other \_\_\_\_\_

Are any of your family members involved in American Quarter Horse racing?

Yes  No

If yes, in what capacity? Please check all that apply.

Trainer     Breeder  
 Owner     Jockey  
 Racetrack Employee  
 Other (please explain) \_\_\_\_\_

List any previous knowledge of or experience you have in the horse racing industry:

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If selected by the affiliate hosting this regional racing experience, would you be interested in attending the AQHYA National Youth Racing Championship Experience held at Los Alamitos in Cypress, California?

YES!

NO!

**Return to:  
Judy Horton  
Box 4740, Hwy 34  
Wheatland, WY 82201-8600**

**Please contact Judy Horton for more information:**

**(307) 331-0747- Cell  
[dashingly@wyoming.com](mailto:dashingly@wyoming.com)**

**Applications can be emailed as well.**

**All lodging and meals are provided – All you have to do is get there!**